

Lunch Menu



trading hours 12h00 until 16h00

fresh Saldanha bay oyster	45 each
naked or dressed with house granita	
chef's choice soup	95
all day brekkie	115
fried eggs, streaky bacon, baked tomato & toasted farm bread	
island café salad (v)(g)	120
garden greens, feta, sundried tomato, pickled vegetables & a honey raspberry dressing	
roasted vegetables & ancient grains (v)	110
roasted seasonal veg, feta, cashew, fresh herbs & basil pesto dressing	
add on the side	
- extra smoked salmon 80	
- 6 extra grilled Vannamei prawns 180	
- extra chicken breast 120	
home-smoked chicken wrap	125
cheddar, tomato, parmesan dressing, cream cheese, crispy chips & homemade chutney	
- extra avocado 30	
smoked snoek paté	120
on homemade rye bread, crème fraîche, rocket, green onions, tomato, avocado & pickled red onions	
honey & thyme glazed pork belly	170 290
with spicy pickled veg & mustard mayonnaise	
fish of the day	185
crisp fried battered fish w tartar sauce & crispy chips	
hunter's pie & chips	230
slow-cooked venison with mushroom & Red Bridge Porter, citrus gremolata, buttered vegetables, crème fraîche & pickled red cabbage	
D's seafood curry	285
fresh seafood simmered in a "Bo-kaap" spiced tomato curry with steamed coconut rice, cucumber, yoghurt & pickled coconut	
island café burger	175
200gr beef patty, onion marmalade, bacon, cheddar, sesame bun & chips	
roast chicken & avocado salad	220
avocado, baby gem lettuce, garden veg & mango dressing	
flame grilled 250gr sirloin steak	230
served with Veg puree, seasonal vegetables and a compound butter	
FLATBREAD	
• seasonal roast vegetables w couscous, feta & basil pesto	110
• pulled pork, fig, blue cheese & herb cream cheese	105
• smoked chicken, mayo, pickled pear, rocket & berry compote	110
▪ add extra avocado 30	
<i>the above options served on freshly baked flat bread</i>	
toasties - cheese & tomato 70 ham cheese & tomato 85 smoked chicken mayo 85	

Lunch Menu continued.....



selection of fruit juice 38
orange, mango, pineapple, apple

coffees and hot beverages

single espresso 30
filter coffee 34
americano 34
cappuccino 40
flat white (double shot) 46
red cappuccino 34
latté (single shot) 42
iced coffee 42
hot chocolate 50
milo 50
decaf 8
almond milk 12
pouring cream 8
soya milk 8
oat milk 8
additional shot 18

add a flavor to your hot beverage 6
hazelnut, vanilla or caramel

milk shakes

coffee 60 | chocolate 60 | milo 60 | strawberry 60 | vanilla 50

boozy shakes 95

vanilla ice-cream, biscotti & Frangelico
nougat ice-cream, Bacardi, Triple-sec & candied pecans

See our selection of local tea 32

"THE WELLNESS GROUP" exotic teas 44

Harmutty: Special harvest black tea
Royal Darjeeling: First flush black tea
Emperor Sencha: Japanese green tea
Black Chai: Union of rare Indian spices
Moroccan Mint: Strong Sahara mint flavor
English Breakfast: Strong full bodied floral tea
Crème Caramel: Red-tea&sweet French spices
Vanilla Bourbon: Red tea with vanilla
Jasmine Queen: Jasmine-infused green tea
French Earl Grey: with bergamot & blue flowers

MOCKTAILS

Strawberry Daiquiri 88
Mojito 78
Pina Colada 68
Virgin Bloody Mary 68
Steel Works 70
Rock Shandy 60
Island Sunrise 65
LIGHT FIX
Mimosa 70
Bloody Mary 88
or spiced with chili & bacon 9