

Nurture Your Nature



the turbine  
boutique hotel and spa

### TURBINE SIGNATURE MASSAGE

a deeply relaxing customized massage with African inspired infused oil in your preferred pressure and concentrating on your preferred areas of concern

**30MIN TURBINE MASSAGE** 30min | 480

**45MIN TURBINE MASSAGE** 45min | 620

**60MIN TURBINE MASSAGE** 60min | 850

**90MIN TURBINE MASSAGE** 90min | 1100

### TURBINE SPECIALISED MESSAGES

#### PREGNANCY MASSAGE

a relaxing massage using safe and effective pre-natal massage techniques and oil  
**BACK, NECK AND SHOULDER** 45mins | 650

**FULL BODY MASSAGE** 75mins | 900

#### AROMATIC CANDLE EXPERIENCE

a unique therapy that combines the warmth of melted wax with the soothing touch of massage

**FULL BODY MASSAGE** 75mins | 900

**FULL BODY MASSAGE** 90mins | 1 200

#### HOT STONE MASSAGE

a therapeutic massage that uses smooth, heated stones, to provide warmth and relax the muscles

**FULL BODY MASSAGE** 75mins | 900

**FULL BODY MASSAGE** 90mins | 1200



**THE TURBINE EXPRESS** 30mins | 410

\*a 30min customized Theravine skincare boost

**TURBINE CORE FACIAL** 60mins | 650

\*a customized facial experience designed to address your specific skin concerns

**TURBINE ANTI-AGING DELUXE FACIAL** 90mins | 770

\* a replenishing facial that combats the signs of aging

**TURBINE PRO PEELS** 45mins | 700

\* stimulates the skin's cell turnover for a more youthful and rejuvenated skin

**TURBINE PRO PEEL COURSE** 30-45mins | 3500 \*6 x peels

#### BROWS AND LASHES

**BROW TINT** 15mins | 160 \*incl. wax and shape

**LASH TINT** 30mins | 140

**LASH & BROW TINT** 30mins | 260 \*incl. wax and shape

### TURBINE SIGNATURE EXPERIENCES

\*incl. a health smoothie

**THE KNYSNA JOURNEY** 90mins | 1300

Unwind with a soothing FOOT RITUAL followed by the unique TURBINE 60MIN MASSAGE

**THE ISLAND ESCAPE** 90mins | 1300

Escape the tension with a TURBINE 30MIN MASSAGE followed by a glow inducing TURBINE CORE FACIAL

### TURBINE PAMPER PACKAGES

\*incl. a light Island Café Lunch and non-alcoholic beverage

**COUPLES COCOON** 2 Pax | 3hrs | 3800

A luxurious, steam enveloped **BODY POLISH** followed by our decadent **AROMATIC CANDLE MASSAGE** and deeply nourishing **TURBINE CORE FACIAL**

**TURBINE TRIO** 2.5hrs | 1700

Experience the best of our uniquely customised treatments. **THE TURBINE 30MIN MASSAGE**, the **TURBINE CORE FACIAL** and African inspired **DEEP SCALP MASSAGE**

**CLASSIC RE-BOOT** 2.5hrs | 1700

Get the ultimate glow with a reviving **BODY POLISH** a tension reducing **TURBINE 60MIN MASSAGE** and a revitalizing **TURBINE CORE FACIAL**

### TURBINE BODY WORKS

**TURBINE STEAM** 30mins | 250

Relax, revive and unwind in an envelope of **STEAM**

**TURBINE STEAM SESSION** \*6x 30min sessions | 1250

**THE TURBINE GLOW BODY POLISH** 30mins | 400

A sensory experience with natural and **ORGANIC** botanicals to **REVIVE** the appearance of the **SKIN** leaving it smooth and glowing

**TURBINE RASUL** 60mins | 550

A skin reviving **BODY POLISH** followed by **STEAM** session concluded with a **BODY BALM** application

### TURBINE HANDS

**FILE, BUFF AND POLISH** 30mins | 200 \*cut, file and paint

**CLASSIC MANICURE** 60mins | 450

\*cut, file, cuticles, massage & paint

**HAND & ARM DE-AGING TREATMENT** 30mins | 300

### TURBINE FEET

**FILE, BUFF AND POLISH** 30mins | 200 \*cut & file & paint

**CLASSIC PEDICURE** 60mins | 470

\* cut, file, cuticles, foot file, scrub, massage & paint

**FOOT RITUAL** 30mins | 300 \*exfoliation, mask & massage

### EVO GEL TREATMENT

**GEL OVERLAY** 45mins | 400 \*incl. nail prep

**GEL MANICURE** 60mins | 500

\* cut, file, cuticles, massage & gel paint

**GEL PEDICURE** 60mins | 520

\* cut, file, cuticles, foot file, scrub, massage & gel paint

### EXTRAS

**CALLUS REMOVAL THERAPY** 15mins | 150

\*effectively removes callus & hard skin

**SOAK OFF & GROOMING** 30mins | 150

\*incl. cut, file and buff

### TURBINE WAXING

**LIP/BROW/CHIN WAX** 15mins | 100

**ARM WAX** 30mins | 240 • **BIKINI** 20mins | 200

**BRAZILIAN** 45mins | 300 • **HOLLYWOOD WAX** 45mins | 400

**HALF LEG WAX** 30mins | 270 • **FULL LEG WAX** 45mins | 320

**CHEST/BACK WAX** 45mins | 360

**UNDERARM WAX** 15mins | 160



BIO SCULPTURE  
HEALTHY | ETHICAL | PROFESSIONAL

kalahari™  
ancient desert secrets  
by  
Carina Franck

# GIFT VOUCHERS AND LOYALTY CARDS AVAILABLE

## STEAM ROOM AVAILABLE ON REQUEST

OPEN: **Monday to Sunday 08:00 - 17:00 Including Public Holidays**

### TERMS AND CONDITIONS

**THE TURBINE SPA ETIQUETTE:** Guests are requested to arrive 15 minutes or more prior to your treatment time in order for you to complete a consultation card. A late arrival may result in a shorter treatment or possibly even a forfeited treatment. The Turbine Spa is a relaxing area and cell phones must be switched to silent while in the spa area. Age Restriction: Children under 16 years of age must be accompanied by an adult. Treatments for kids under 16 years old booked at managements discretion.

**CONSULTATION:** Please inform your therapist of any medical condition/s, allergies, intolerance or needs before your treatment. Please note, certain treatments are not permitted for women within their first trimester of pregnancy.

**PAYMENT:** Prices are subject to change without notice and are inclusive of vat. We accept cash, debit cards, all credit cards and room charges as forms of payment. In certain instances, a prepayment may be required to secure your booking.

**CANCELLATION POLICY:** A booking cancellation fee of 50% will be charged on all bookings that are cancelled within 8 hours or less of the appointments time; in the case of a "no-show", the full cost will be charged. Should the booking be confirmed with a Gift Voucher, a cancellation fee of 50% of the value of the Gift Voucher will be charged, and in the case of a "no show", the full value of the Gift Voucher will be considered as redeemed.

**GIFT VOUCHERS AND SPA LOYALTY CARDS:** The original Gift Vouchers and Loyalty Card must be presented at an appointment to be honoured. It may NOT be redeemed for cash.

**DISCLAIMER:** Every person entering The Turbine Spa facilities or utilising the facilities and equipment on these premises does so entirely at their own risk and agrees that The Turbine Boutique Hotel and Spa, its management or therapists shall not be held liable or responsible, whether jointly or severally, for any loss, injury, damages, claim and/or compensation of whatsoever nature. Such person by their entry to these premises for any reason whatsoever waives any and all claims against the aforementioned.



**Bookings Essential +27 (0)44 050 3500**

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Subject to availability | Terms & Conditions Apply, E&OE. Excludes gratuity



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