

Breakfast Menu



trading from 7h00 – 11h00

selection of fruit juice 32

orange, mango, pineapple, apple

coffees and hot beverages

espresso	22
filter coffee	24
americano	32
cappuccino	34
flat white (double shot)	42
red cappuccino	32
latté (single shot)	36
hot chocolate	36
milo	36
decaf	8

almond milk	16
pouring cream	8
soya milk	8
oat milk	10
additional shot	12

add a flavor to your hot beverage

hazelnut, vanilla or caramel	6
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see our selection of local tea 32

THE WELLNESS GROUP exotic teas	38
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smoothies

wake up! espresso, dates, oats, cinnamon & cocoa	50
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tropical blast orange, mango, pineapple & oat milk	75
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green banana kale, mint, celery, ginger & coconut	80
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continental etagere for two 200

mini g.f.y, freshly baked muffins & sweet breads, assorted cold meats & selection local cheese, pickles & smoked salmon with relish & seed bread

GFY (v) 50 | 100

homemade granola w seasonal fruits, " Ganzvlei" yoghurt & raw honey

honey butter toast (v) 100

crispy Japanese milk bread baked with honey & butter served with vanilla & basil marinade with Chantilly cream & berry compote **add** bacon **24**

flapjacks (v) 85

three flapjacks w maple syrup & mixed berry compote & Chantilly cream.

health bowl (v) 100

hummus, crudites, pickled vegetables, boiled egg, nuts & apple

bun baked eggs 90

brioche sliders, bacon cream cheese & smooth tomato chutney

totally nuts (v) 120

seed & nut toast, homemade peanut butter, pecan nut brittle, grilled banana & pure maple syrup

eggs hollandaise 90

poached eggs, herbed cream cheese, rocket on toasted farmhouse bread

or smoked kingklip **R45**

or grilled Boston butt **R30**

dal makhani (v)(g) 90

brown lentil & potato curry, eggplant chutney, sautéed spinach, pickled coconut & yoghurt

mushroom omelet (v) 125

sautéed, crispy, powdered, pickled mushrooms with crispy parmesan & misted white truffle accompanied with toasted farmhouse bread

green eggs & ham 110

herbed scramble eggs, pulled smokey ham, crème fraiche on toasted farmhouse

express 90

scrambled eggs w rocket, tomato ragout, streaky bacon & toasted farmhouse bread

add on: sauté mushrooms **26** tomato ragout **16** baked beans **14** egg **10** boerewors **24** pork sausage **22** streaky bacon **24** gluten free bread **22** seed loaf **12** toasted farmhouse & butter **10** homemade preserve **8**